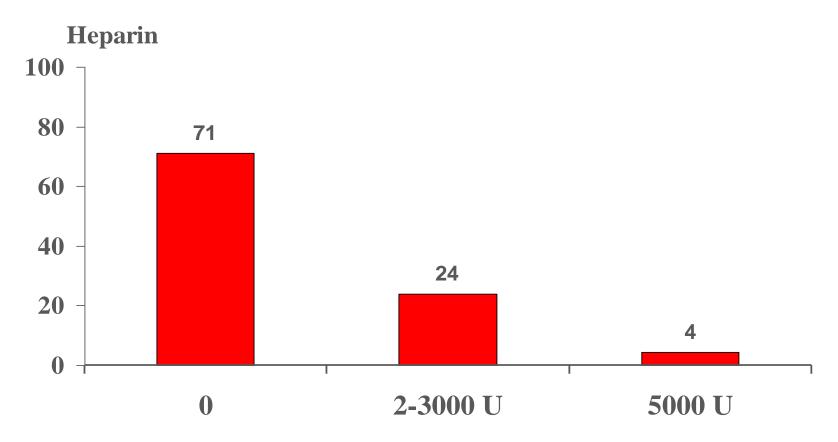
Transradial access postgraduate course: Post-procedure protocols for haemostasis / preventing occlusion of the radial artery



16th Annual SA Heart Congress Sun City 26-28 October, 2015 R. Birkemeyer, MD Herzklinik Ulm

Anticoagulation to prevent radial occlusion

Predictive factor of radial occlusion at 2 months after TR Coronary angiography



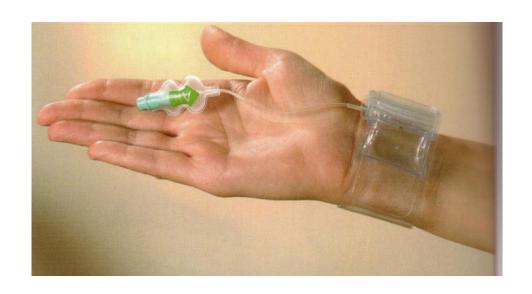
Our strategy: i.v. Bolus of 5000 I.U. of unfractionated heparin after any radial puncture

Our initial strategy: home made bandage after manual compression



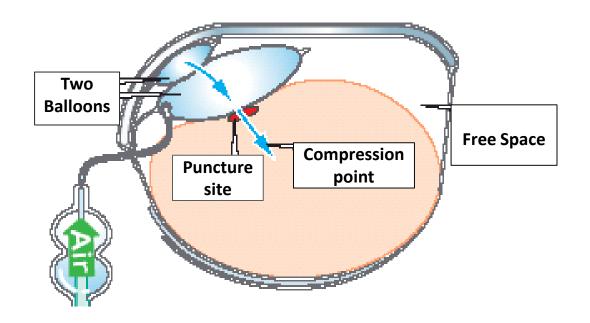
Application of pressure on the radial puncture site without compromising the ulnar artery

Our preference today: Terumo TR-Band



- individual pressure
- easy application
- visible puncture site
- comfortable
- large version available (5cm longer)

Terumo TR-Band



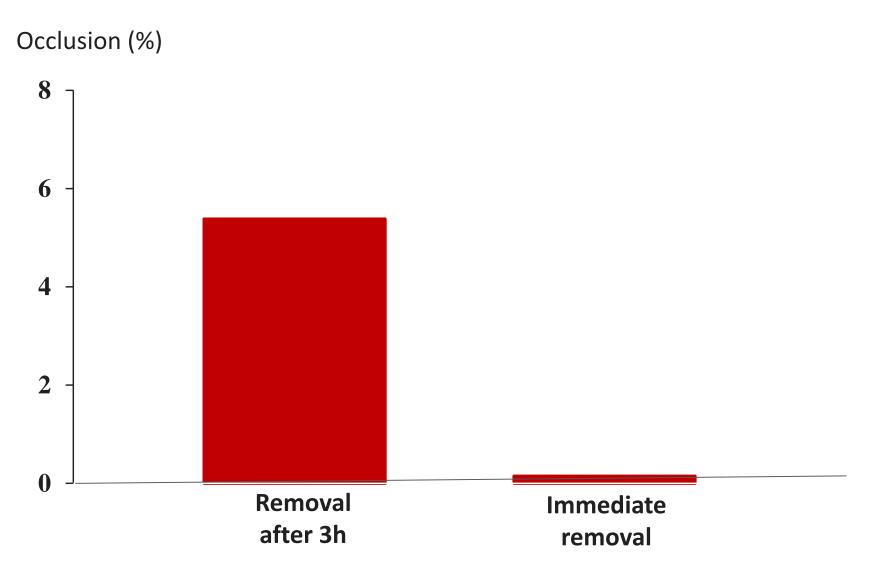
Haemostasis protocols after radial puncture

- Hemostasis protocols are highly variable between centers with respect to compression pressure and duration
- Early sheath removal seems to be standard
- Terumo company recommends a minimum compression time of 2 hours which also seems to be respected in most protocols



Removal of the sheath immediately after the procedure!

Time point of sheath removal and occlusion rate







Nominal air volume 13 ml; maximum air volume 18 ml Our strategy is to start with 17 ml





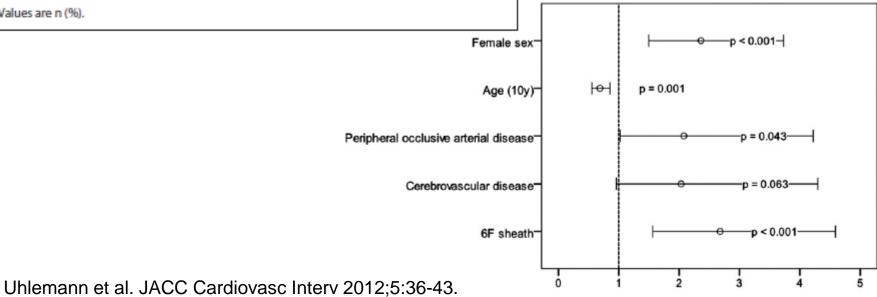
After sheath removal we take out air slowly until bleeding starts and reinject 2 ml of air

Our further haemostasis protocol

- No deflation for 2 hours
- Inspections after 15 min and then all 30 min
- After 2 hours stepwise deflation (2-3 ml every 10-15 min), reinflation with 2 ml of air if re-bleeding
- Complete removal of TR Band after 3 hours
- In case of re-bleeding maximum compression time with the device 6 hours and afterwards switch to manual compression
- Full mobilisation only after removal of TR band
- Loose bandage until next morning and recommendation not to work with the puncture site hand
- No routine sonographic follow-up

Chronic radial occlusion

Table 4. Vascular Access Site Complications in Patients With Diagnostic Catheterization Only ($N=389$)			
	5-F Sheath (n = 151)	6-F Sheath (n = 238)	p Value
Total number of access site complications	22 (14.6%)	82 (34.5%)	< 0.001
Radial artery occlusion	21 (13.9%)	76 (31.9%)	< 0.001
Pseudoaneurysm	0 (0%)	2 (0.8%)	0.524
Arteriovenous fistula	1 (0.7%)	3 (1.3%)	1.000
Moderate/severe bleeding	0 (0%)	0 (0%)	_
Mild bleeding	0 (0%)	5 (2.1%)	0.161
Values are n (%).			



Key principles of our haemostasis protocol

- Routine use of 6F Glide Sheath Slender (outer diameter equivalent to a conventional 5F sheath)
- After sheath removal compression with lowest effective pressure
- Short compression duration



Thank you for your attention!