Vascular Closure

Farrel Hellig

Sunninghill and Sunward Park Hospitals
Johannesburg
South Africa
Arterial Access Site Locations

- Brachial
- Radial
- Common Femoral (most commonly used)
- Axillary
- Popliteal
Femoral Access

- Puncture level
- View for femoral injection
- Timing of femoral injection
Femoral Anatomy – Lateral View
Common Femoral Artery Access

- Femoral Head
- Common Femoral Artery
- Inferior Epigastric Artery
- Profunda
- Superficial Femoral Artery (SFA)
Locating Femoral Head
Recommended Approach

- Target the medial third of the femoral head as a reference point.
- Target just below the horizontal mid-line of the femoral head.
Perform Femoral Angio in **Lateral** View

In the lateral view one can:
- See exact sheath insertion point
- Note inferior epigastric reflection
- Visualise femoral bifurcation
- See where the artery dives posteriorly
Role of Femoral Angiogram: LSD

- **L = Location**
  - Not too high or low

- **S = Size**
  - CFA > 4mm

- **D = Disease**
  - Peripheral vascular disease
  - Calcific vessels

Timing of femoral angiogram

- At the beginning
  - Occult bleeding may stop during the procedure only to recur afterwards
Laceration of the inferior epigastric artery

Silva et al, CCI 64: 212-222, 2005
Double-Wall Technique

Single-Wall Technique (Modified Seldinger)
Retrograde Femoral Artery Access

Retrograde
• Against the arterial blood flow

Level of entry
• Guided by palpable femoral pulse
  – Infra-inguinal position
  – Needle to vessel angle should be 30 – 45°
  – Facilitates guidewire passage into the target vessel

• Other guidance options
  – Ultrasound
  – Bony landmarks
  – Pigtail from opposite side
    • For large bore catheters
Summary: Approach to Femoral Puncture

- Identify landmarks
- Visualize femoral head
- Puncture just below and medial the center of the femoral head
- Perform femoral angiogram at the beginning of the procedure in lateral projection
- Visualize the Inferior Epigastric Artery and the femoral bifurcation
## Patient Considerations

<table>
<thead>
<tr>
<th>Favours closure devise use</th>
<th>Be careful using a closure device</th>
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</thead>
<tbody>
<tr>
<td>Obese patients</td>
<td>Peripheral vascular disease</td>
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<tr>
<td>Coagulopathy</td>
<td>Small vessels</td>
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<tr>
<td>Chronic obstructive pulmonary disease</td>
<td></td>
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<tr>
<td>Musculoskeletal problems</td>
<td></td>
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<tr>
<td>Older patients</td>
<td></td>
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<tr>
<td>Patients unable to cooperate</td>
<td></td>
</tr>
<tr>
<td>Young active patients</td>
<td></td>
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</table>
Anatomic Considerations

- Low or bifurcation stick
- High stick
- Significant disease of CFA
- Significant calcification of CFA
- Prior VCD use
- Severe angulation of sheath entry
Access location and anatomy where VCDs should not be used

- Bifurcation stick
- High stick

[Images: Lateral and AP views of vascular access]
Factors that influence outcome of VCD use

Small caliber vessel

Severe PVD
Procedural Considerations

• Anticoagulant and anti-platelet agents
• Location of stick
• Sheath size
• Time to sheath removal
• Need for repeat procedures
Achieving Haemostasis
Ideal Closure Device Characteristics

- Immediate haemostasis even in anti-coagulated patients
- Secure – no late bleeding
- Easy and reliable to use
- No complications
- Comfortable and allows immediate movement and ambulation
- Able to use in all clinical situations, including patients with peripheral disease
- Allows re-access of recently closed site
Methods of Achieving Hemostasis

- Manual Compression
- Assisted Compression
- Collagen-Based
- Suture-Based
- Nitinol Clip-Based
- Extravascular PEG
### Relative Advantages of methods

<table>
<thead>
<tr>
<th></th>
<th>Manual</th>
<th>Collagen</th>
<th>Suture</th>
<th>Nitinol clip</th>
<th>Extravascular PEG</th>
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</thead>
<tbody>
<tr>
<td>Easy to do</td>
<td>-</td>
<td>+</td>
<td>- -</td>
<td>-</td>
<td>-</td>
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<tr>
<td>Early ambulation</td>
<td>- -</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
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<tr>
<td>Sheath Size limit</td>
<td>10F</td>
<td>9F</td>
<td>26F</td>
<td>8F</td>
<td>8F</td>
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<tr>
<td>Painless</td>
<td>- - -</td>
<td>+</td>
<td>- -</td>
<td>+</td>
<td>+++</td>
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<tr>
<td>Less intensive nursing</td>
<td>- -</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
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<tr>
<td>Nothing intraluminal</td>
<td>+++</td>
<td>-</td>
<td>+</td>
<td>+</td>
<td>++</td>
</tr>
<tr>
<td>Reaccess</td>
<td>+</td>
<td>+</td>
<td>++</td>
<td>+</td>
<td>+++</td>
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<td>Wire can remain</td>
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<td>- -</td>
<td>+++</td>
<td>- -</td>
<td>++</td>
</tr>
<tr>
<td>OK with high stick</td>
<td>- -</td>
<td>+++</td>
<td>+</td>
<td>+</td>
<td>-</td>
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<tr>
<td>Small femoral</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>OK with ++ calcium</td>
<td>++</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
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</table>
Assisted Manual Compression

CompressAR® System
(Advanced Vascular Dynamics)

FemoStop®
(Radi Medical Systems)

Chito-Seal™ Topical Hemostasis Pad
(Abbott Vascular)

Click on image to enlarge
Closure Technology

Active vs Passive

• ACTIVE:
  Mechanical approximators are active
  (ie. Angio-Seal, Perclose, Starclose)

• PASSIVE:
  Cardiva Catalyst, Mynx

Intraluminal Vs Extraluminal

• Mynx and StarClose are Extraluminal
Angioseal
Rack
Precisely engineered for forward movement while user pulls back on the device. This forward movement guides the compaction tube forward.
“Automated Collagen Compaction”

Gear Mechanism
Designed with precision engineering to rotate as the device is pulled back by the user. Accurately manages the compressive sealing force.
“Standardized Deployment”

Ease of use
VCD of choice for large sheath closure
Mynx

Handle and Shuttle

- Sealant is freeze-dried and integrated into delivery catheter
- 6 mm semi-compliant balloon
- Delivered through existing sheath

Sealant

The Mynx sealant:
- 95% water and 5% PEG
- Extravascular placement; Leaves nothing behind
- Dissolves within 30 days
1. Insert Mynx into existing procedural sheath and inflate small semi-compliant balloon to create temporary hemostasis.

2. Deliver and unsleeve sealant, exposing it to blood and subcutaneous fluids, causing it to swell 3-4X.

3. Deflate balloon and remove device. Sealant is located on surface of arteriotomy.
Vascular Access Complications
What about Post-Cath Hypotension?

What can it be?

Bleeding
Bleeding
Bleeding
Subcutaneous Ooze

• Ooze: persistent slow bleeding from the skin puncture site after a percutaneous procedure

• Differentiating between capillary and arteriotomy bleeding
  – Challenge test the closure
  – Apply occlusive pressure over the arteriotomy
  – Pharmacology considerations
    • Injection of lignocaine with adrenaline
    • Hemostatic Patch / Pressure Dressing / Regular Manual Compression
Complications

- Haematoma
- Retroperitoneal Haematoma
- Pseudoaneurysm
- AV Fistula
- Infection
- Leg ischaemia
Haematoma

- Definition: collection of blood, as a result of hemorrhage from the vessel, within the soft tissues
- Difficult to quantify
- Not benign
- More common than hemorrhage or free bleeding

- Use manual compression
- Manage anticoagulation
- Can occasionally require reangio from the other side and occlusive balloon or covered stent or surgery

Incidence: 1-6%
Retroperitoneal Haematoma (Haemorrhage)

**Definition**: Bleeding into the free space behind the abdominal cavity

**Incidence**: 0.3-3%
Retroperitoneal Haemorrhage (RPH)

- The retroperitoneum can harbor a large volume of blood with few external manifestations; diagnosis is often made only after significant blood loss has occurred.
- Failure to recognize a retroperitoneal bleed can have a fatal consequence.
- Delay in recognition increases morbidity from blood loss, prolonged hypotension, need for further tests, procedures, or blood transfusions.
Retroperitoneal Haematoma

• Prevention
  – Identify patients at risk
    • High stick
    • Female
    • Low BSA
    • IIbIIIa
  – Careful femoral puncture

• Recognition
  – Similar to a vagal response!
  – Usually within 3 hours of procedure
  – Anaemia
  – Hypotension
  – Abdominal tenderness
  – Diaphoresis
  – Often there is no groin haematoma

• Treatment
  – Use manual compression independent of the closure device
  – Administer IV fluid and blood products as necessary
    • Most patients will settle within 2 hours
  – Occasionally requires surgery for bleeding or organ/nerve compression
  – Monitor patients for 4 hours

- Can occasionally require reangio from the other side and occlusive balloon or covered stent or surgery

Pseudoaneurysm

- **Definition:** A dilation of an artery with actual disruption of one or more layers of its walls with extravascular contained flow
- Can expand or rupture
- Painful
- Incidence - 0.5-1.0%
- Treatment
  - Ultrasound guided thrombin injection
Arteriovenous (AV) Fistula

- Predominantly asymptomatic
  - If large, may result in – High output CHF and limb ischemia
  - If small, stable or spontaneously resolve

- Due to
  - Large bore catheters
  - Aggressive anticoagulation
  - Poor access site location – associated with low access site SFA & Profunda

- Incidence 0.1%

**Definition:** Dilated connection between an artery and vein that allows blood to flow from the artery into the vein
Infection

Risk factors

- Diabetes
- Obesity
- Foreign body
- Sterile Technique Compromised
- Indwelling Sheath Time
- Poor patient hygiene

Incidence ≤ 0.25%
Ischemia – Thrombosis - Emboli

- Incidence < 1%

- Risk Factors
  - Large access catheter/small artery
  - Presence of peripheral arterial disease
  - Iatrogenic dissection
  - Thrombus within sheath

Data

There is not one large randomized clinical trial of closure device vs manual compression!!
## Meta-analysis of 30 trials

<table>
<thead>
<tr>
<th>Condition</th>
<th>Relative risk of closure device vs compression</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>hematoma</td>
<td>1.14</td>
<td>0.35</td>
</tr>
<tr>
<td>bleeding</td>
<td>1.48</td>
<td>0.14</td>
</tr>
<tr>
<td>arteriovenous fistula</td>
<td>0.83</td>
<td>0.77</td>
</tr>
<tr>
<td>pseudoaneurysm</td>
<td>1.19</td>
<td>0.46</td>
</tr>
<tr>
<td>Surgical intervention</td>
<td>1.61</td>
<td></td>
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<tr>
<td>transfusion</td>
<td>1.21</td>
<td></td>
</tr>
<tr>
<td>Leg ischaemia</td>
<td>2.10</td>
<td></td>
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</tbody>
</table>

E Riedmuller, M Nikfardjam, P Siostrzonek, M Mullner
There is a substantial learning curve with VCDs!

Greater experience, multiple modifications of VCDs benefitting efficacy and safety!

Balzer et al CCI 2001; 53:174-181
Single Centre Experience

• 21841 patients
  – Closure device vs manual compression

• Any vascular complication
  – Closure device 1.3%
  – Compression 1.4%

• Odds Ratio
  – 0.86 for all procedures
    • 0.80 for diagnostic cath
    • 0.90 for interventions

What to tell the patient

• **Access site care**
  – Keep access site clean and dry
  – Remove dressing within 24 hours post-discharge
  – Wash site daily with soap and water, standing
  – Reapply adhesive bandage after cleaning until skin is closed
  – Change dressing as needed
  – Oozing may occur

• **Activity restrictions**
  – The patient may resume normal activity in 2 days, including driving
  – Limit lifting to 5 kg for 7 days or until healed
  – You may shower 24 hours after the procedure
  – No bath or pool until skin is closed
Normal Patient Observations - Don’t worry

- Some soreness or discomfort for 7 days
- Some bruising that could last 14 days
- Formation of a small lump at the incision site that could last up to 6 weeks
- Mild oozing from incision site
Patients to Contact Physician if...

- Significant bleeding
- Increased swelling to the groin or leg
- Unusual pain in access site or leg
- Non-healing wound
- Increased redness
- Incision warm to touch
- Pain or swelling at the site
- Drainage other than blood
- Fever or chills
Question 1

For femoral access, this is an unacceptable method of locating the appropriate puncture site:

a. Ultrasound guidance
b. Fluoroscopy of femoral head
c. The position of the skin crease
d. Use of bony landmarks
Question 2

Which method of vascular closure leaves some material inside the artery

a. Angio-Seal
b. Mynx
c. Manual compression
d. Starclose