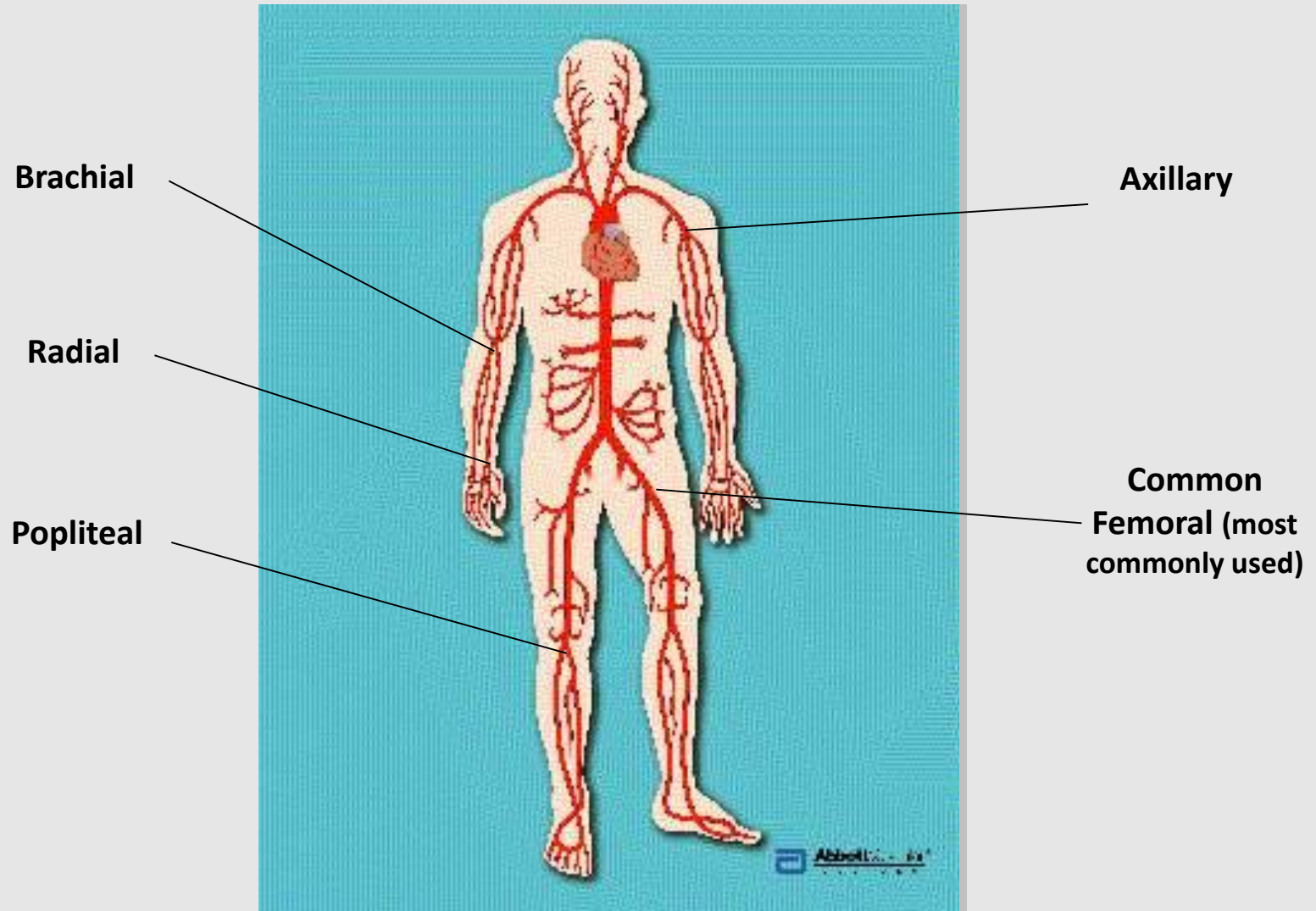


# Vascular Closure

Farrel Hellig

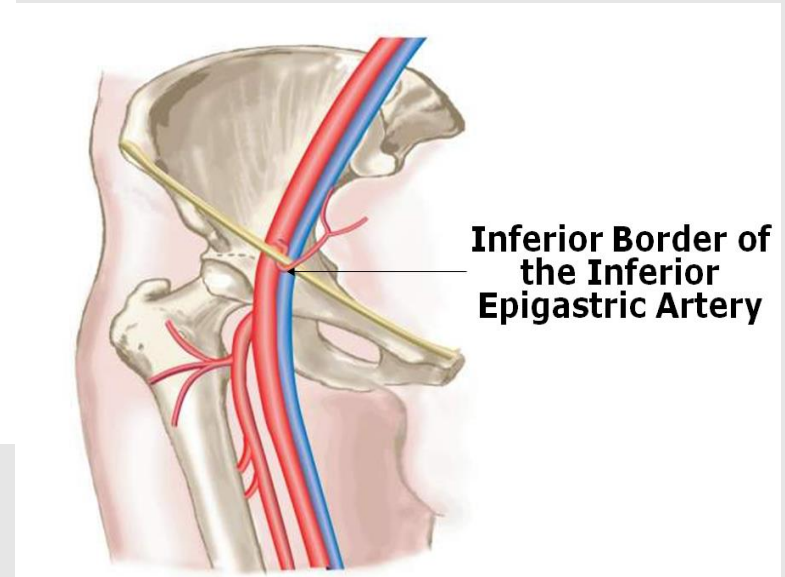
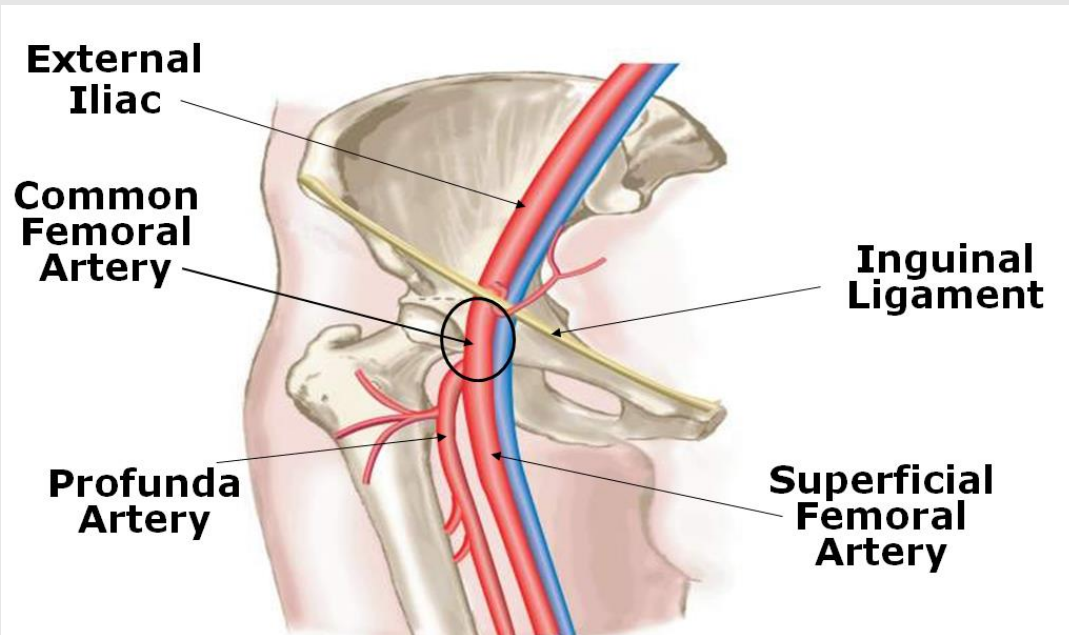
Sunninghill and Sunward Park Hospitals  
Johannesburg  
South Africa

# Arterial Access Site Locations

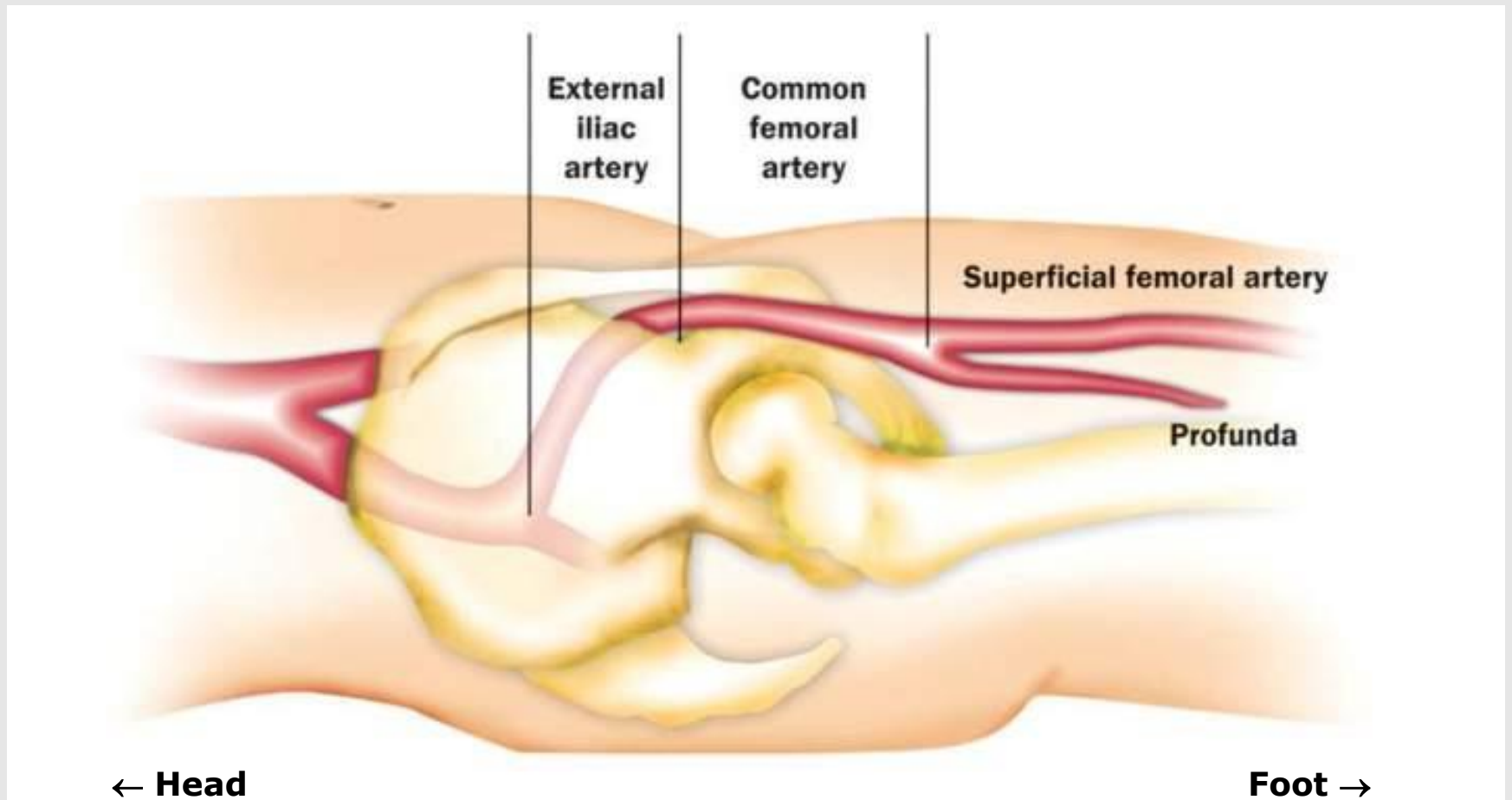


# Femoral Access

- Puncture level
- View for femoral injection
- Timing of femoral injection



# Femoral Anatomy – Lateral View



# Common Femoral Artery Access

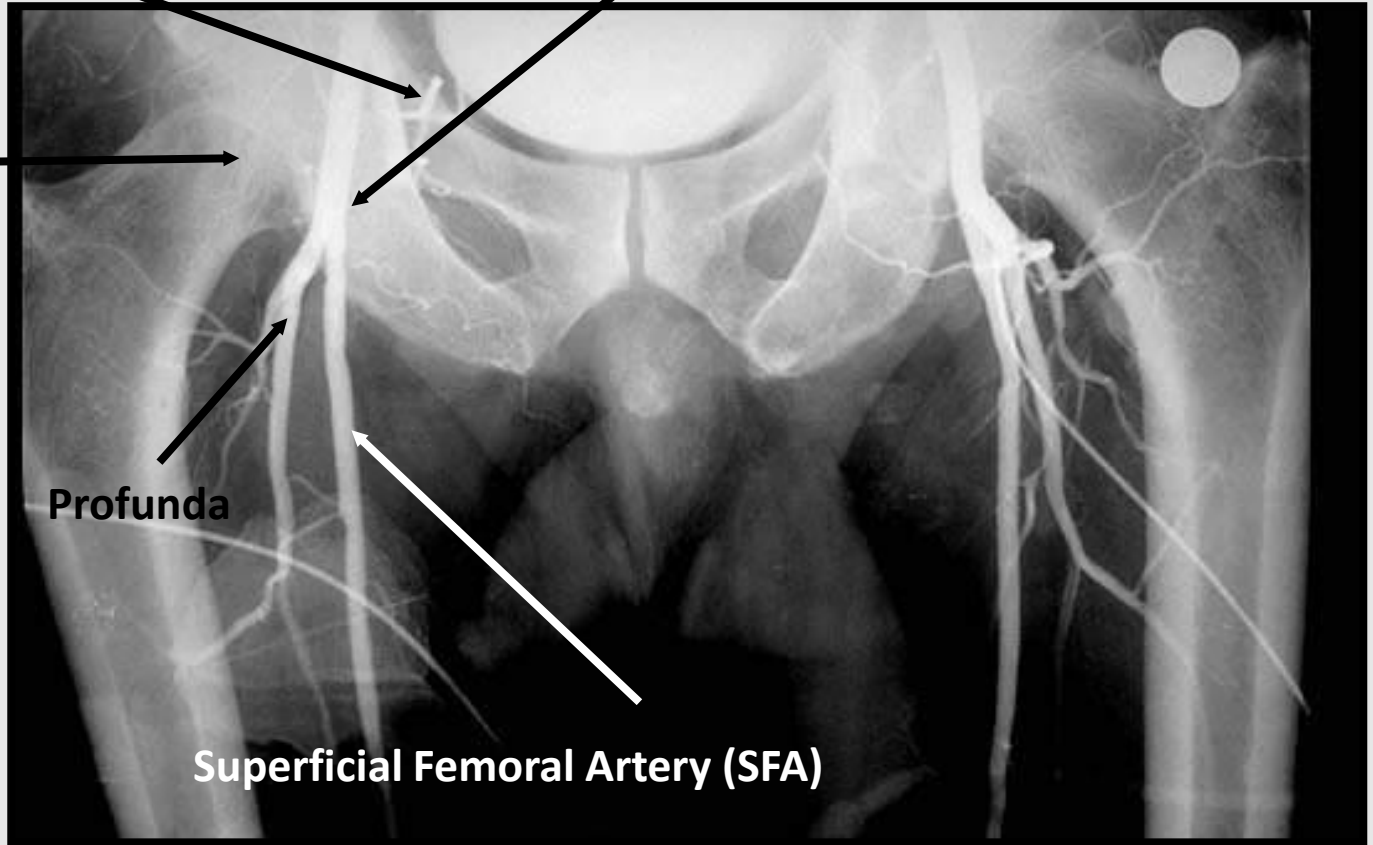
Inferior Epigastric Artery

Common Femoral Artery

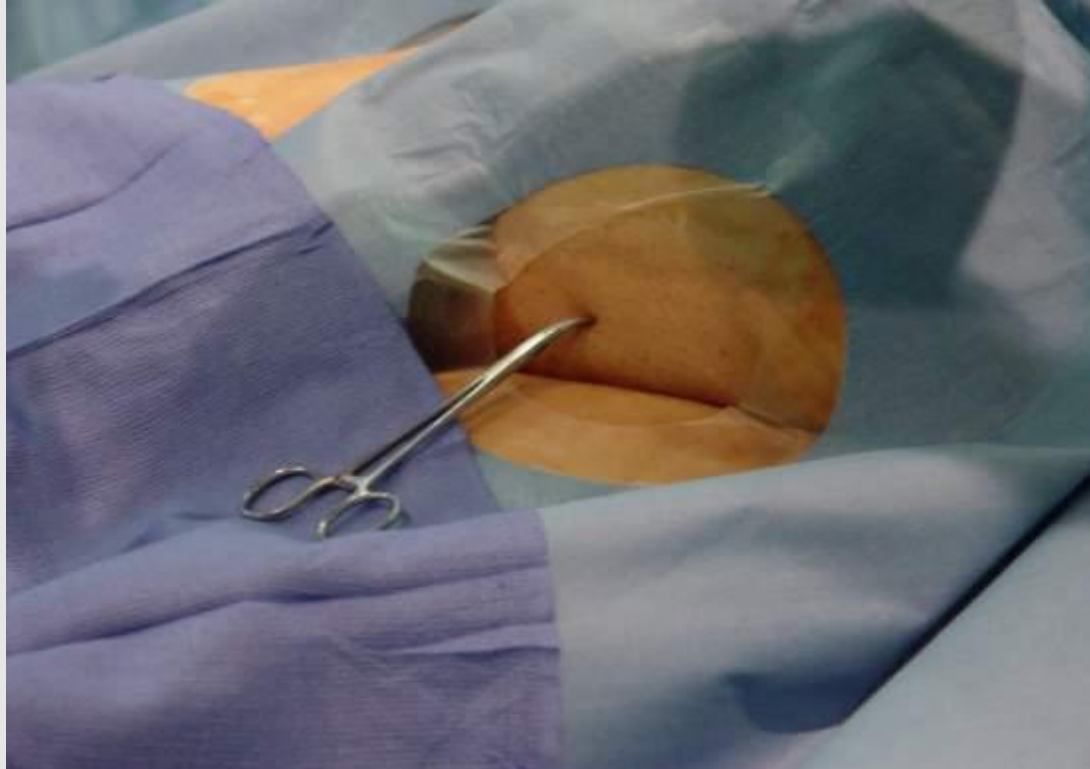
Femoral  
Head

Profunda

Superficial Femoral Artery (SFA)



# Locating Femoral Head



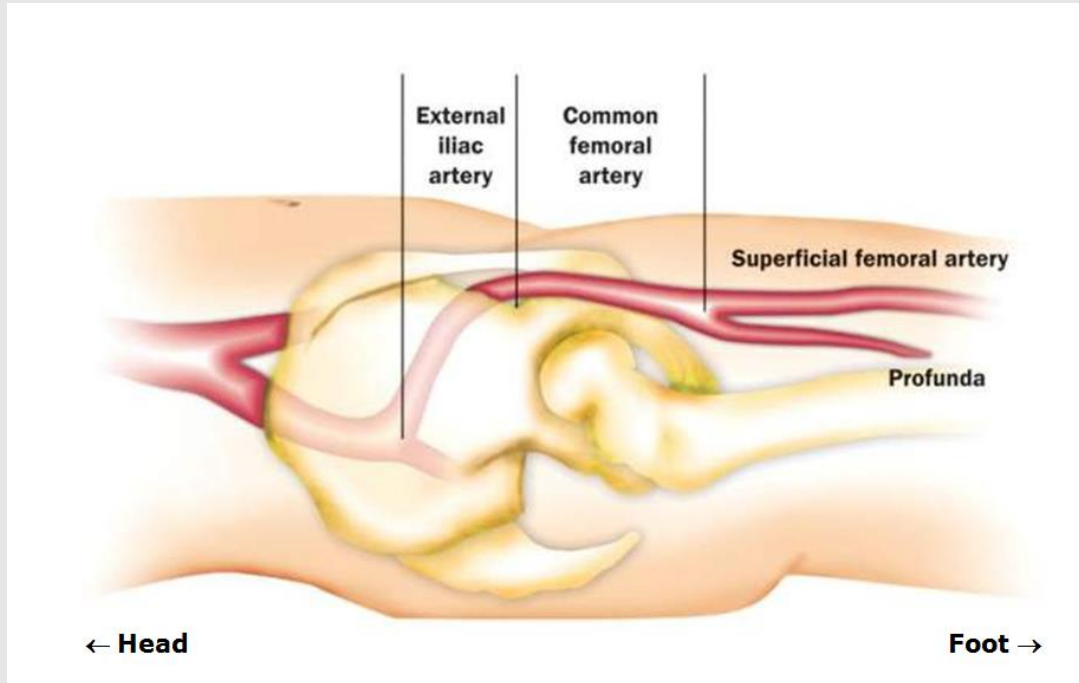
# Recommended Approach

- Target the medial third of the femoral head as a reference point
- Target just below the horizontal mid-line of the femoral head





# Perform Femoral Angio in Lateral View



In the lateral view one can:

- See exact sheath insertion point
- Note inferior epigastric reflection
- Visualise femoral bifurcation
- See where the artery dives posteriorly



## Role of Femoral Angiogram: LSD

- **L = Location**
  - Not too high or low
- **S = Size**
  - CFA > 4mm
- **D = Disease**
  - Peripheral vascular disease
  - Calcific vessels

## Timing of femoral angiogram

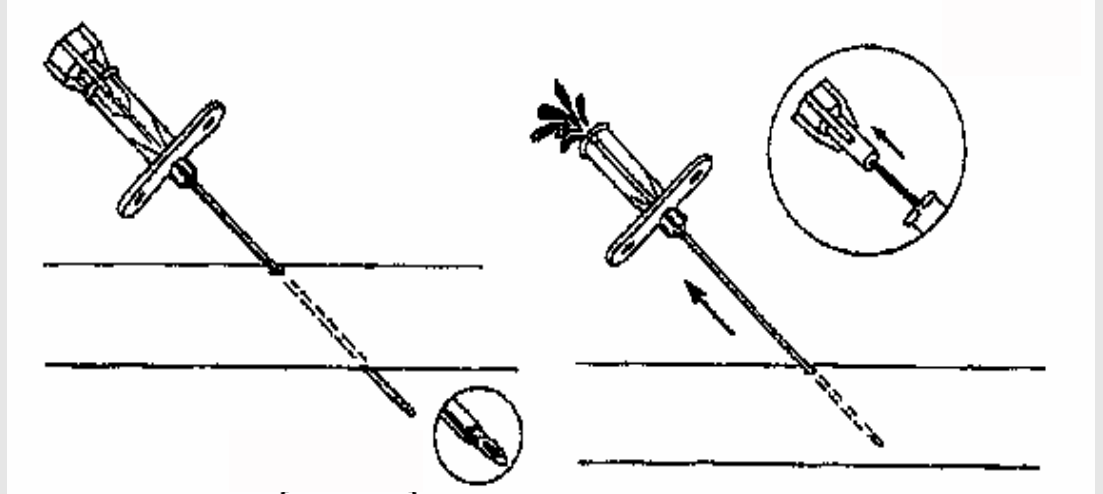
- At the beginning
  - Occult bleeding may stop during the procedure only to recur afterwards



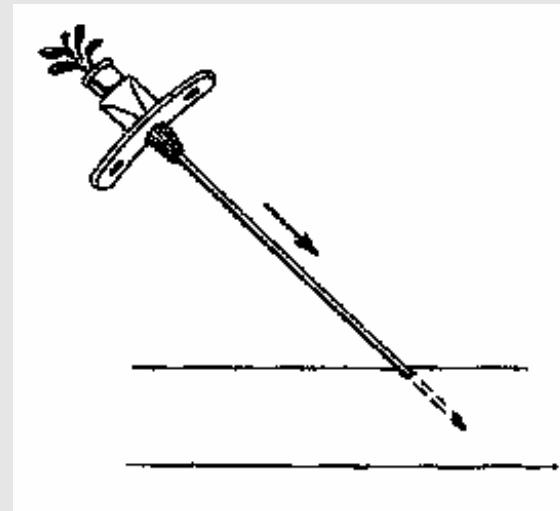
# Laceration of the inferior epigastric artery



Double-Wall Technique



Single-Wall Technique  
(Modified Seldinger)



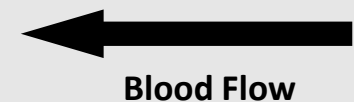
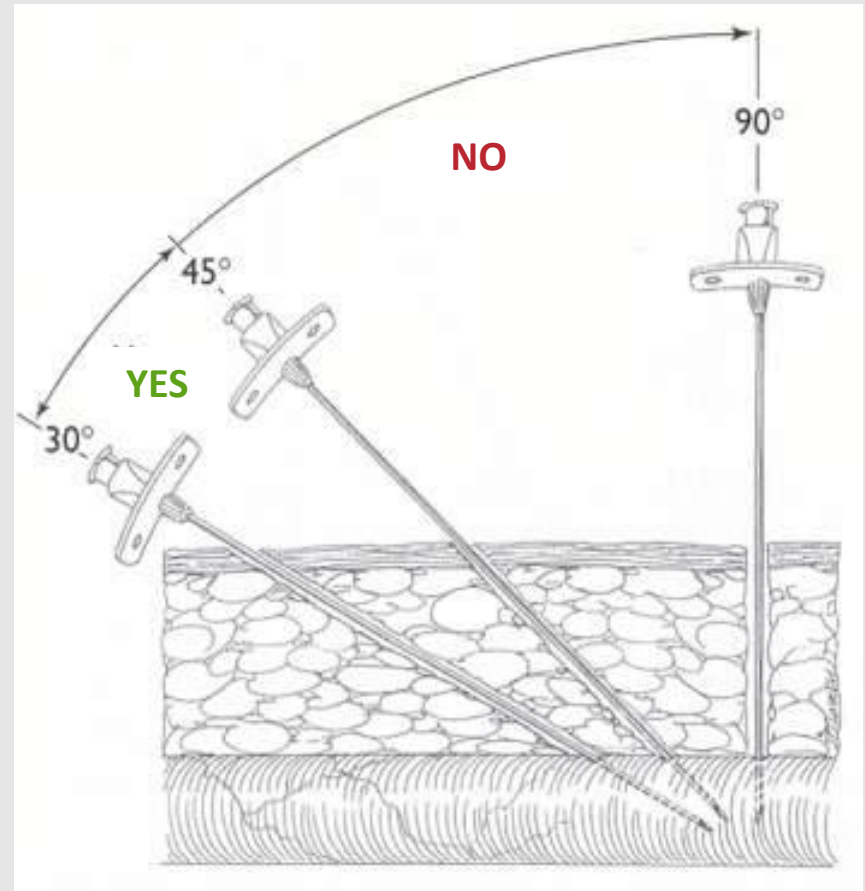
# Retrograde Femoral Artery Access

## Retrograde

- Against the arterial blood flow

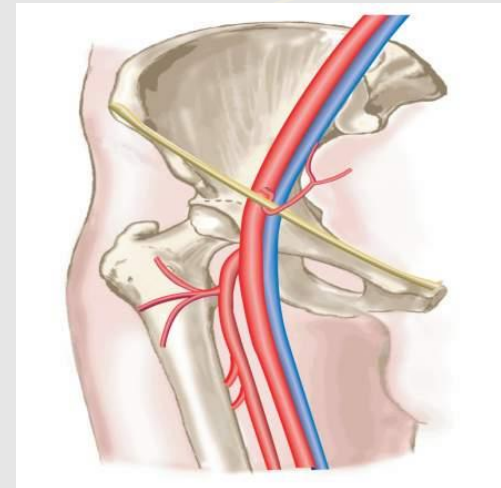
## Level of entry

- Guided by palpable femoral pulse
  - Infra-inguinal position
  - Needle to vessel angle should be 30 – 45°
  - Facilitates guidewire passage into the target vessel
- Other guidance options
  - Ultrasound
  - Bony landmarks
  - Pigtail from opposite side
    - For large bore catheters



# Summary: Approach to Femoral Puncture

- Identify landmarks
- Visualize femoral head
- Puncture just below and medial the center of the femoral head
- Perform femoral angiogram at the beginning of the procedure in lateral projection
- Visualize the Inferior Epigastric Artery and the femoral bifurcation



# Patient Considerations

Favours closure device use	Be careful using a closure device
Obese patients	Peripheral vascular disease
Coagulopathy	Small vessels
Chronic obstructive pulmonary disease	
Musculoskeletal problems	
Older patients	
Patients unable to cooperate	
Young active patients	

# Anatomic Considerations

- Low or bifurcation stick
- High stick
- Significant disease of CFA
- Significant calcification of CFA
- Prior VCD use
- Severe angulation of sheath entry



# Access location and anatomy where VCDs should not be used

Bifurcation stick



High stick



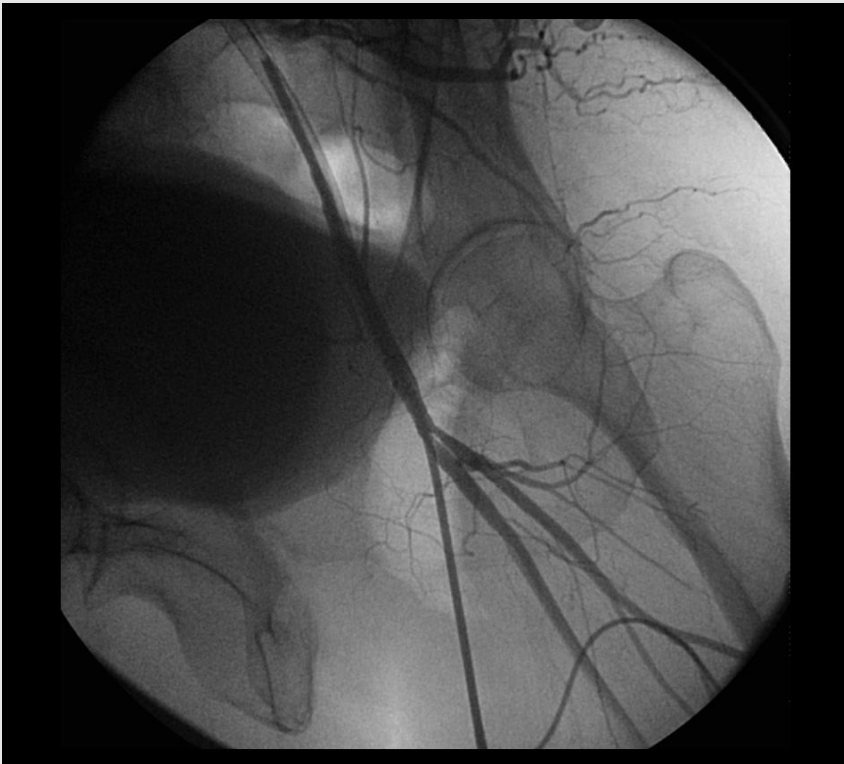
Lateral



AP

# Factors that influence outcome of VCD use

Small caliber vessel



Severe PVD



# Procedural Considerations

- Anticoagulant and anti-platelet agents
- Location of stick
- Sheath size
- Time to sheath removal
- Need for repeat procedures

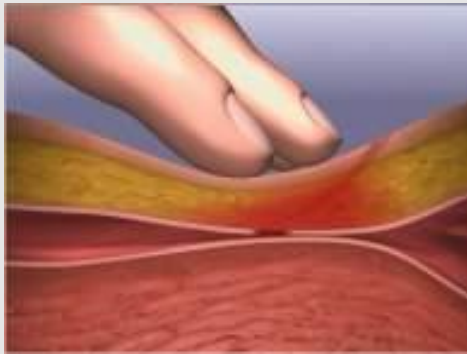
# Achieving Haemostasis

# Ideal Closure Device Characteristics

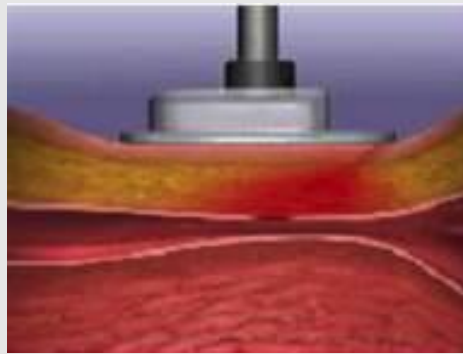
- Immediate haemostasis even in anti-coagulated patients
- Secure – no late bleeding
- Easy and reliable to use
- No complications
- Comfortable and allows immediate movement and ambulation
- Able to use in all clinical situations, including patients with peripheral disease
- Allows re-access of recently closed site

# Methods of Achieving Hemostasis

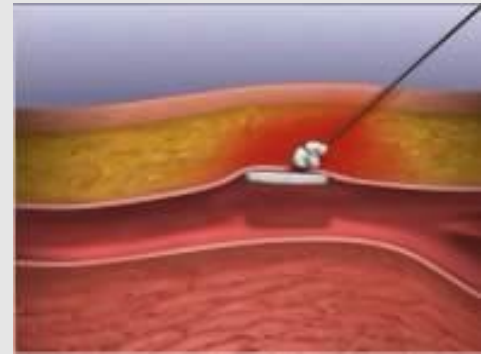
**Manual Compression**



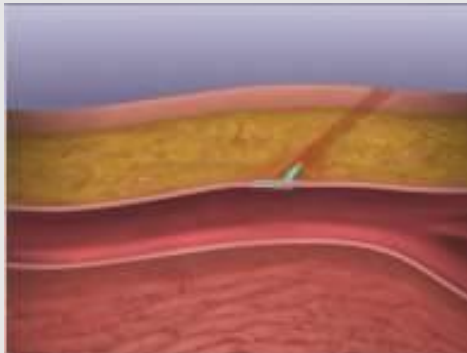
**Assisted Compression**



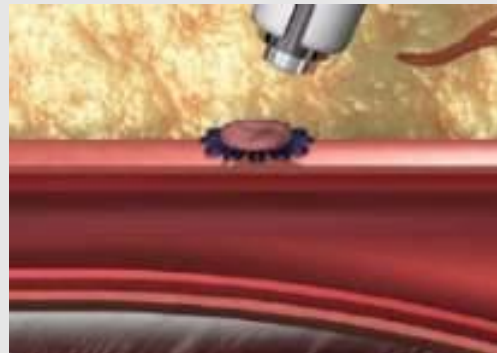
**Collagen-Based**



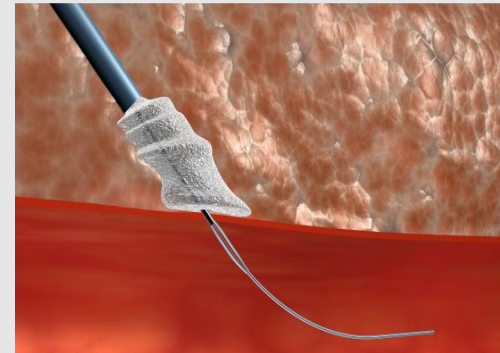
**Suture-Based**



**Nitinol Clip-Based**



**Extravascular PEG**

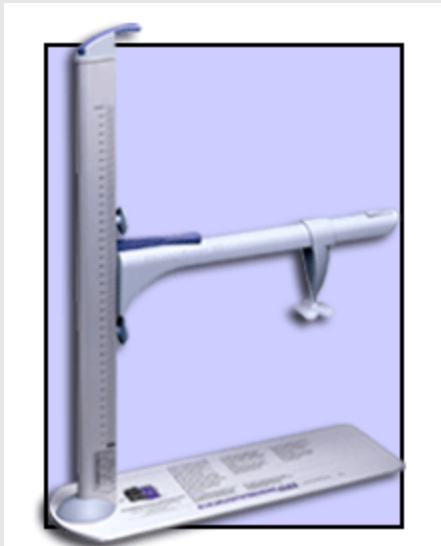


# Relative Advantages of methods

	Manual	Collagen	Suture	Nitinol clip	Extravascular PEG
Easy to do	-	+	--	-	-
Early ambulation	---	+	+	+	+
Sheath Size limit	10F	9F	26F	8F	8F
Painless	---	+	--	+	+++
Less intensive nursing	---	+	+	+	+
Nothing intraluminal	+++	-	+	+	++
Reaccess	+	+	++	+	+++
Wire can remain	--	---	+++	---	++
OK with high stick	---	+++	+	+	-
Small femoral	+	-	-	-	+
OK with ++ calcium	++	+	-	-	-



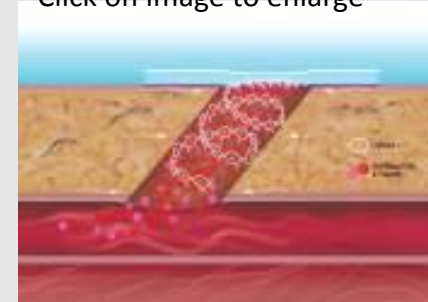
# Assisted Manual Compression



**CompressAR® System**  
(Advanced Vascular Dynamics)



Click on image to enlarge



**Chito-Seal™ Topical Hemostasis Pad**  
(Abbott Vascular)

# Closure Technology

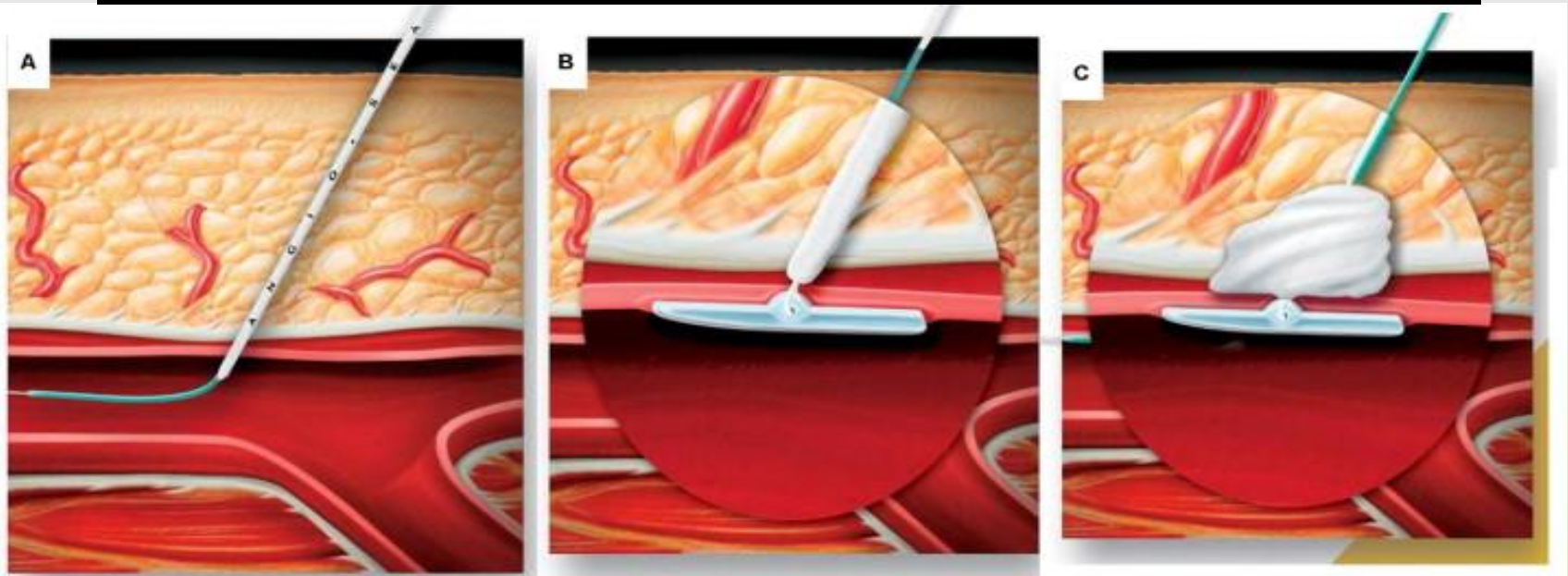
## Active vs Passive

- ACTIVE:  
Mechanical approximators are active  
(ie. Angio-Seal, Perclose, Starclose)
- PASSIVE:  
Cardiva Catalyst, Mynx

## Intraluminal Vs Extraluminal

- Mynx and StarClose are Extraluminal

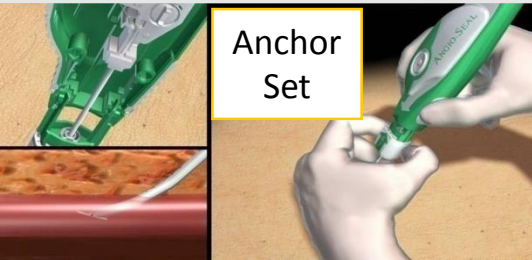
# Angioseal



# Angioseal Evolution



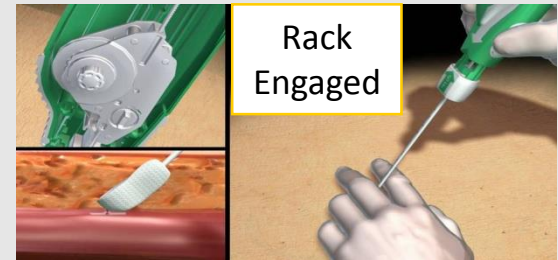
Automated  
Compaction



Anchor  
Set

## Gear Mechanism

Designed with precision engineering to rotate as the device is pulled back by the user. Accurately manages the compressive sealing force. "Standardized Deployment"

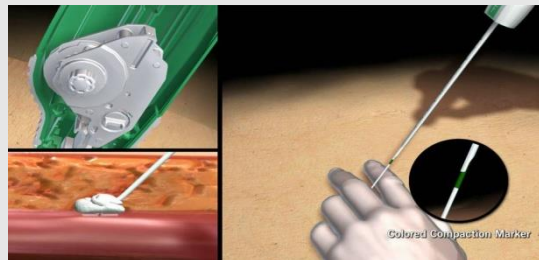


Rack  
Engaged

## Rack

Precisely engineered for forward movement while user pulls back on the device. This forward movement guides the compaction tube forward. "Automated Collagen Compaction"

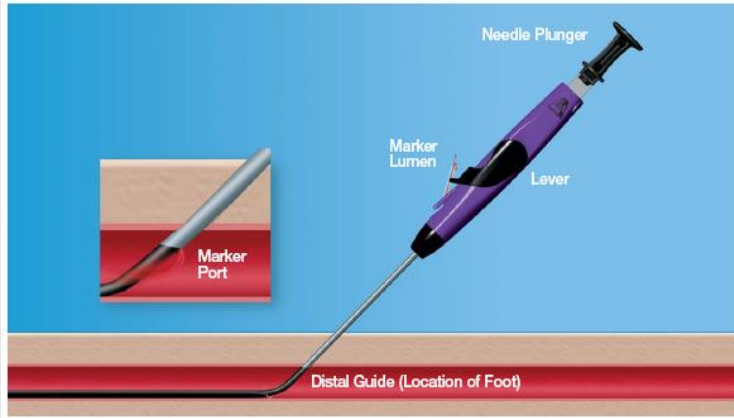
Ease of use



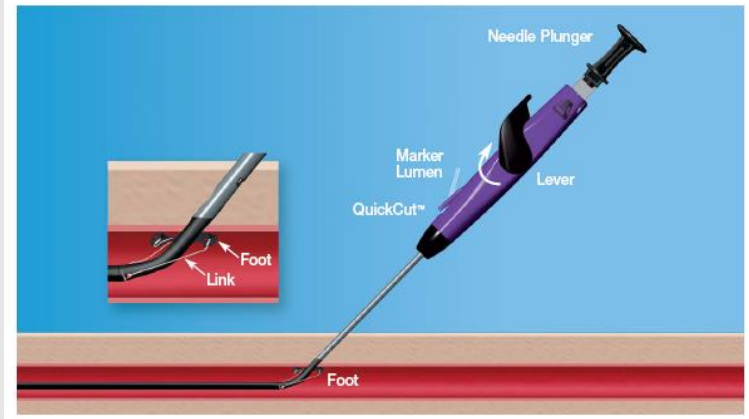
Colored Compaction Marker

# Perclose ProGlide

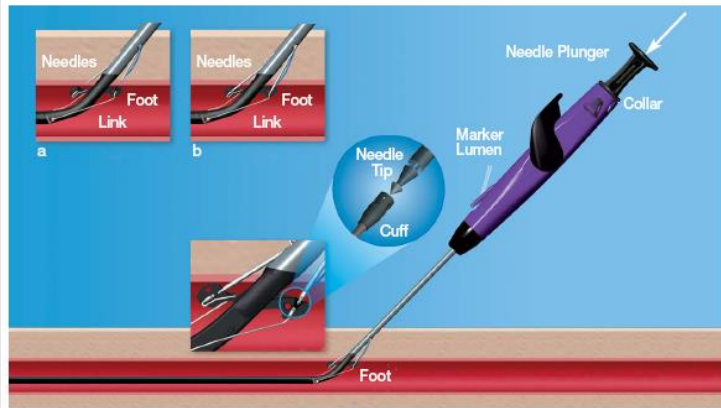
## POSITIONING



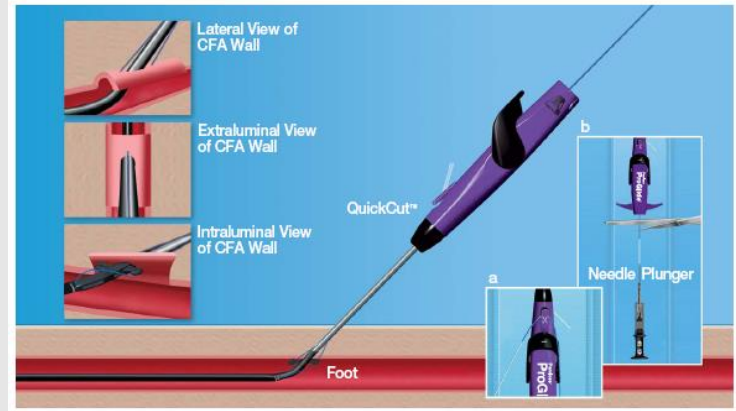
## FOOT DEPLOYMENT



## NEEDLE DEPLOYMENT



## SUTURE RETRIEVAL



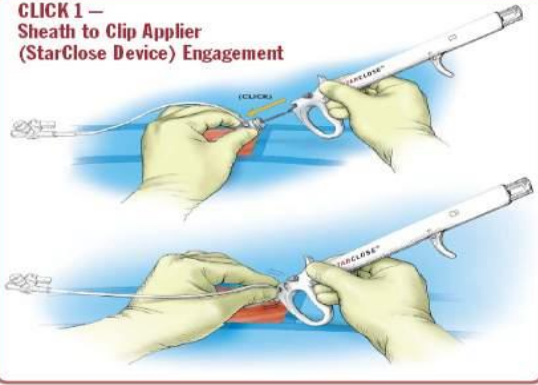
VCD of choice for large sheath closure



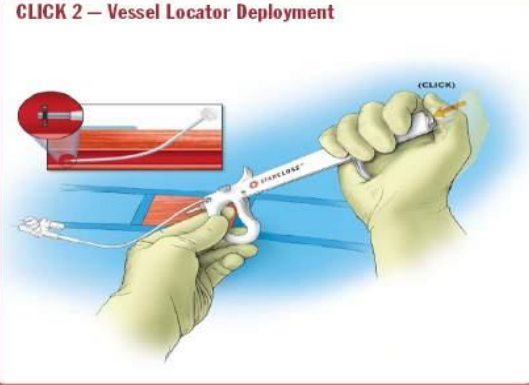
# StarClose



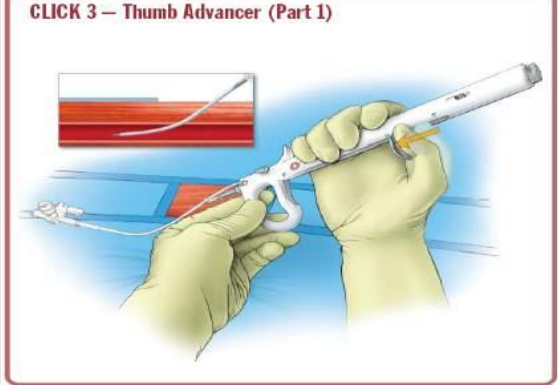
**CLICK 1 – Sheath to Clip Applicator (StarClose Device) Engagement**



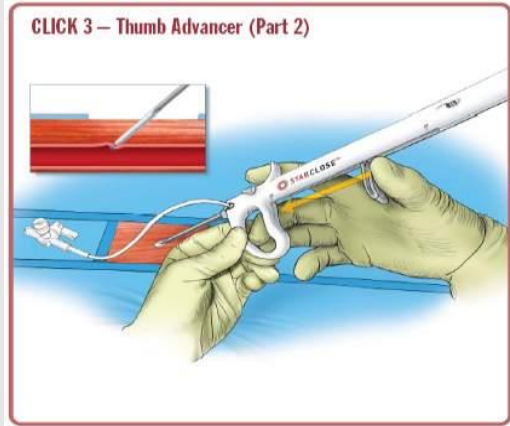
**CLICK 2 – Vessel Locator Deployment**



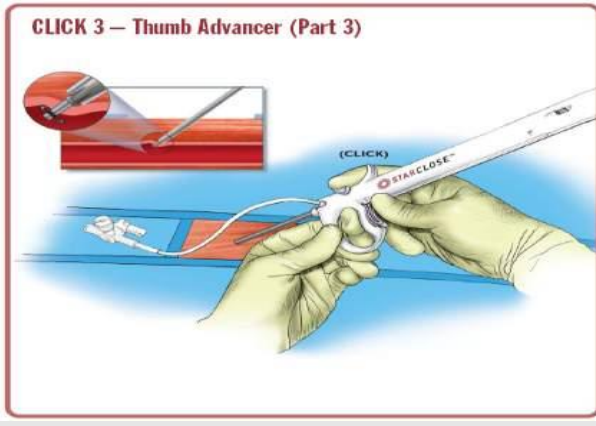
**CLICK 3 – Thumb Advancer (Part 1)**



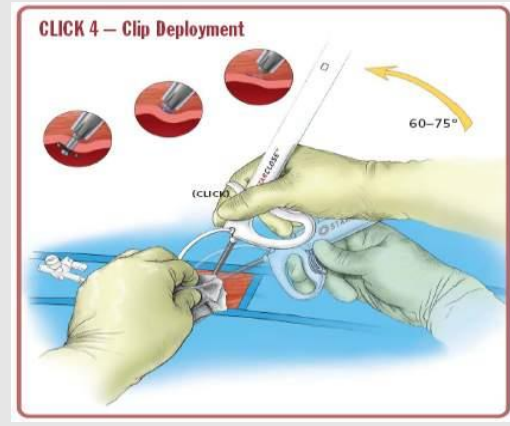
**CLICK 3 – Thumb Advancer (Part 2)**



**CLICK 3 – Thumb Advancer (Part 3)**



**CLICK 4 – Clip Deployment**



# Mynx

## Handle and Shuttle



- Sealant is freeze-dried and integrated into delivery catheter
- 6 mm semi-compliant balloon
- Delivered through existing sheath

## Sealant



**Balloon for  
Temporary  
Hemostasis**

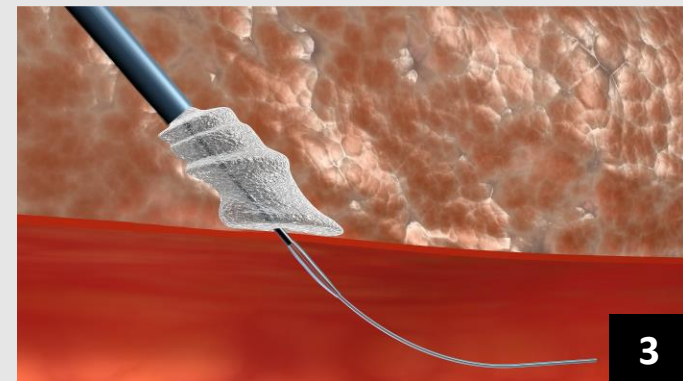
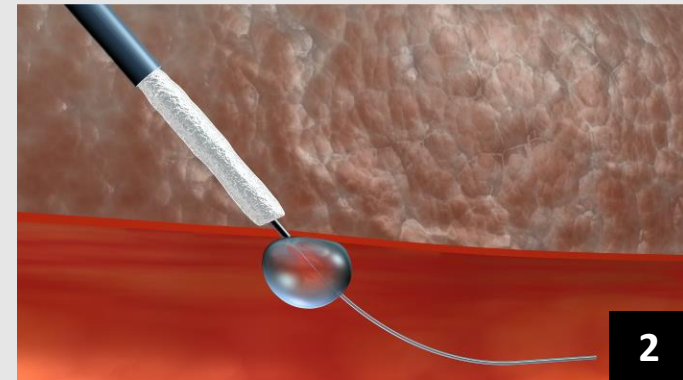
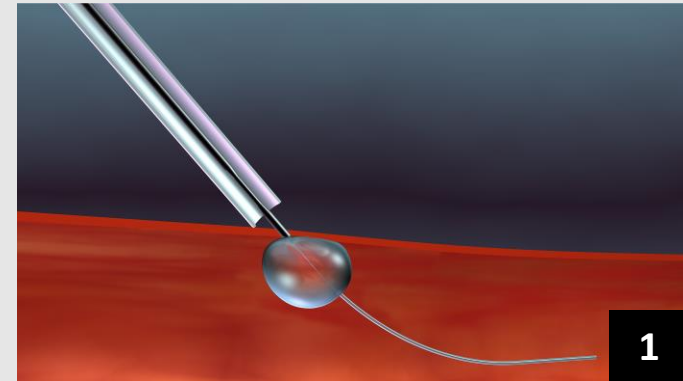
## The Mynx sealant:

- 95% water and 5% PEG
- Extravascular placement; Leaves nothing behind
- Dissolves within 30 days



# Procedure Overview

1. Insert Mynx into existing procedural sheath and inflate small semi-compliant balloon to create temporary hemostasis.
2. Deliver and unsleeve sealant, exposing it to blood and subcutaneous fluids, causing it to swell 3-4X.
3. Deflate balloon and remove device. Sealant is located on surface of arteriotomy.



# Vascular Access Complications

# What about Post-Cath Hypotension?

What can it be?

Bleeding

Bleeding

Bleeding

# Subcutaneous Ooze

- Ooze: persistent slow bleeding from the skin puncture site after a percutaneous procedure
- Differentiating between capillary and arteriotomy bleeding
  - Challenge test the closure
  - Apply occlusive pressure over the arteriotomy
  - Pharmacology considerations
    - Injection of lignocaine with adrenaline
    - Hemostatic Patch / Pressure Dressing / Regular Manual Compression

# Complications

- Haematoma
- Retroperitoneal Haematoma
- Pseudoaneurysm
- AV Fistula
- Infection
- Leg ischaemia

# Haematoma



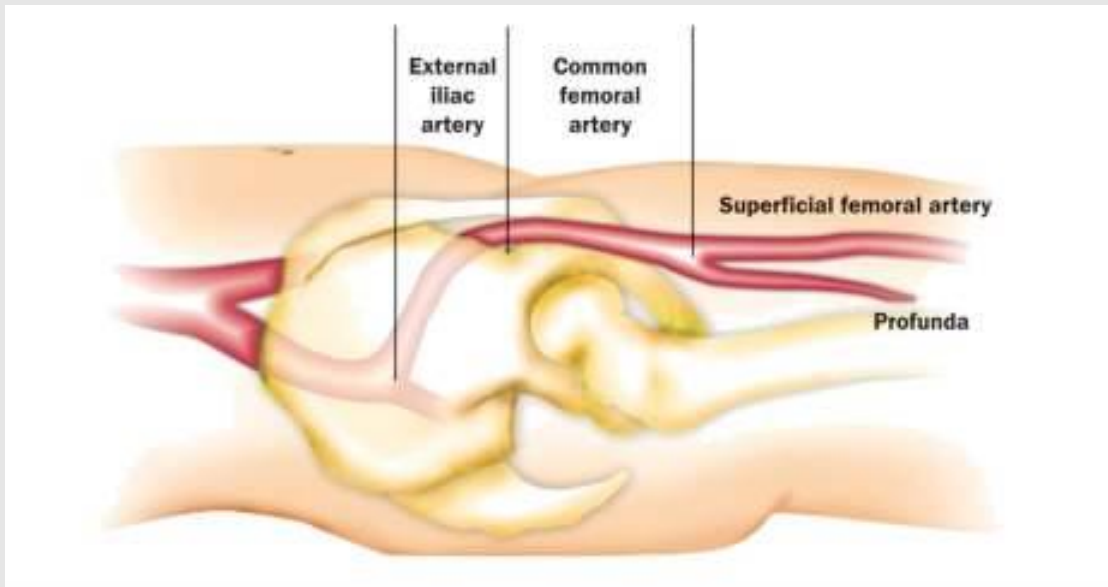
- Definition: collection of blood, as a result of hemorrhage from the vessel, within the soft tissues
- Difficult to quantify
- Not benign
- More common than hemorrhage or free bleeding
  
- Use manual compression
- Manage anticoagulation
- Can occasionally require reangio from the other side and occlusive balloon or covered stent or surgery

Incidence:  
1-6%

# Retroperitoneal Haematoma (Haemorrhage)

**Definition:** Bleeding into the free space behind the abdominal cavity

Incidence:  
0.3-3%





# Retroperitoneal Haemorrhage (RPH)

- The retroperitoneum can harbor a large volume of blood with few external manifestations; diagnosis is often made only after significant blood loss has occurred
- Failure to recognize a retroperitoneal bleed can have a fatal consequence
- Delay in recognition increases morbidity from blood loss, prolonged hypotension, need for further tests, procedures, or blood transfusions

# Retroperitoneal Haematoma

- Prevention

- Identify patients at risk
  - High stick
  - Female
  - Low BSA
  - IIbIIIa
- Careful femoral puncture

- Recognition

- Similar to a vagal response!
- Usually within 3 hours of procedure
- Anaemia
- Hypotension
- Abdominal tenderness
- Diaphoresis
- Often there is no groin haematoma

- Treatment

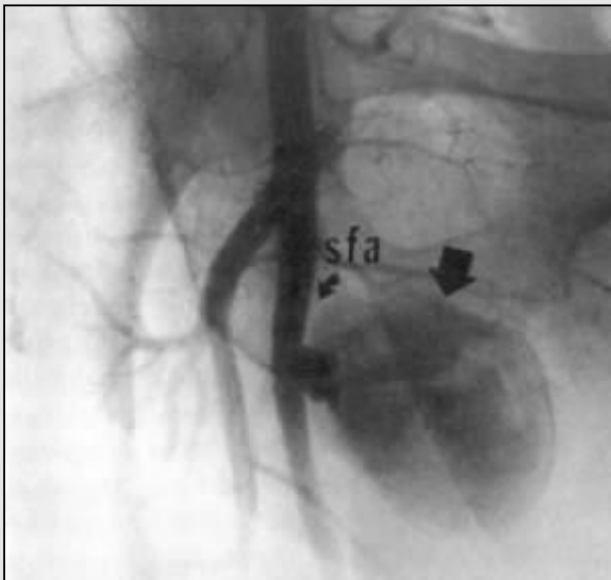
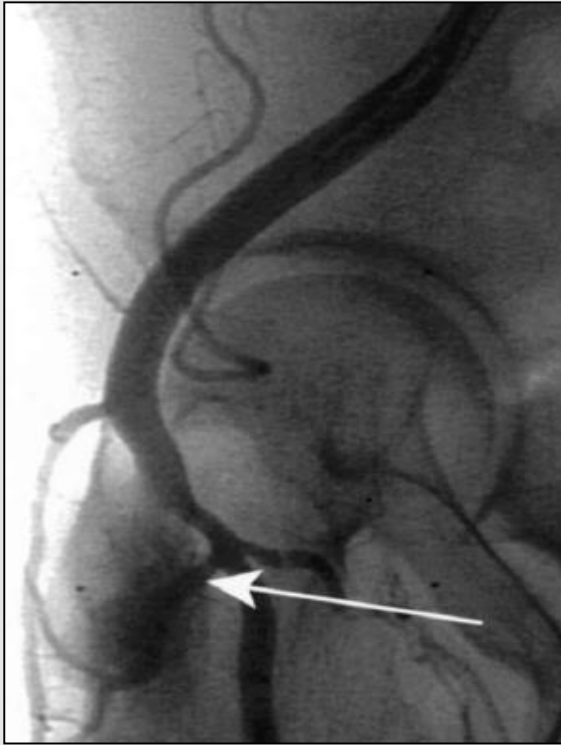
- Use manual compression independent of the closure device
- Administer IV fluid and blood products as necessary
  - Most patients will settle within 2 hours
- Occasionally requires surgery for bleeding or organ/nerve compression
- Monitor patients for 4 hours



- Can occasionally require reangio from the other side and occlusive balloon or covered stent or surgery

# Pseudoaneurysm

- **Definition:** A dilation of an artery with actual disruption of one or more layers of its walls with extravascular contained flow
- Can expand or rupture
- Painful
- Incidence - 0.5-1.0%
- Treatment
  - Ultrasound guided thrombin injection



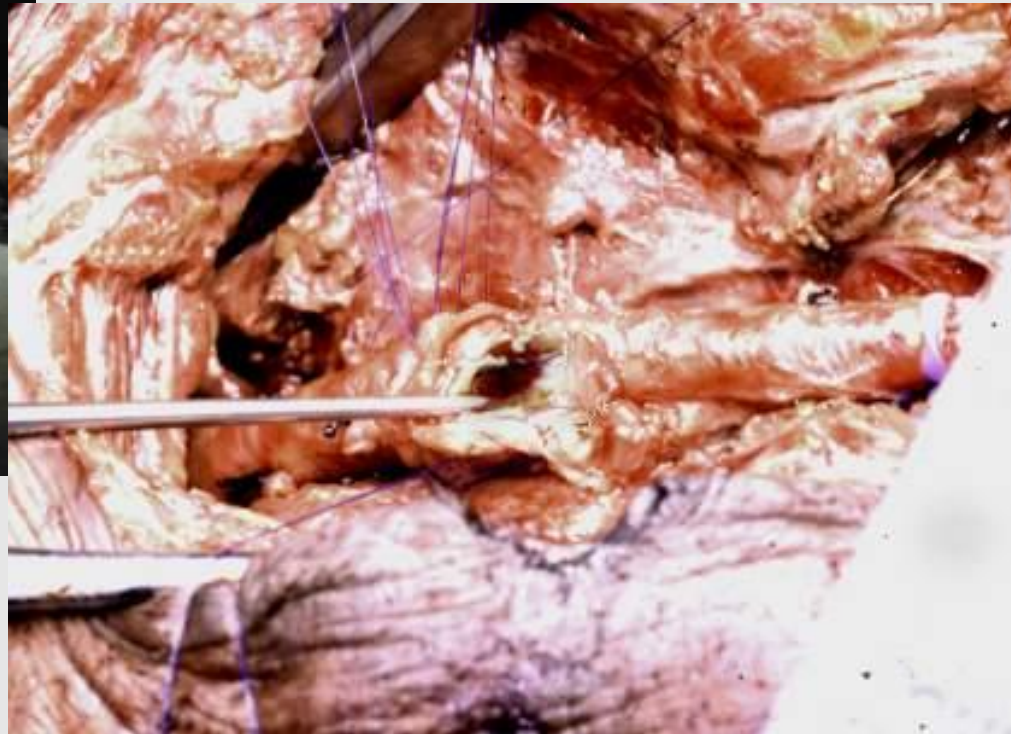
# Arteriovenous (AV) Fistula

- Predominantly asymptomatic
  - If large, may result in – High output CHF and limb ischemia
  - If small, stable or spontaneously resolve
- Due to
  - Large bore catheters
  - Aggressive anticoagulation
  - Poor access site location – associated with low access site SFA & Profunda
- Incidence 0.1%



**Definition:** Dilated connection between an artery and vein that allows blood to flow from the artery into the vein

# Infection



## Risk factors

- Diabetes
- Obesity
- Foreign body
- Sterile Technique Compromised
- Indwelling Sheath Time
- Poor patient hygiene

Incidence  $\leq 0.25\%$

# Ischemia – Thrombosis - Emboli

- Incidence < 1%
- Risk Factors
  - Large access catheter/small artery
  - Presence of peripheral arterial disease
  - Iatrogenic dissection
  - Thrombus within sheath



# Data

There is not one large randomized clinical trial of closure device vs manual compression!!

# Meta-analysis of 30 trials

	Relative risk of closure device vs compression	p
hematoma	1.14	0.35
bleeding	1.48	0.14
arteriovenous fistula	0.83	0.77
pseudoaneurysm	1.19	0.46
Surgical intervention	1.61	
transfusion	1.21	
Leg ischaemia	2.10	



# There is a substantial learning curve with VCDs!

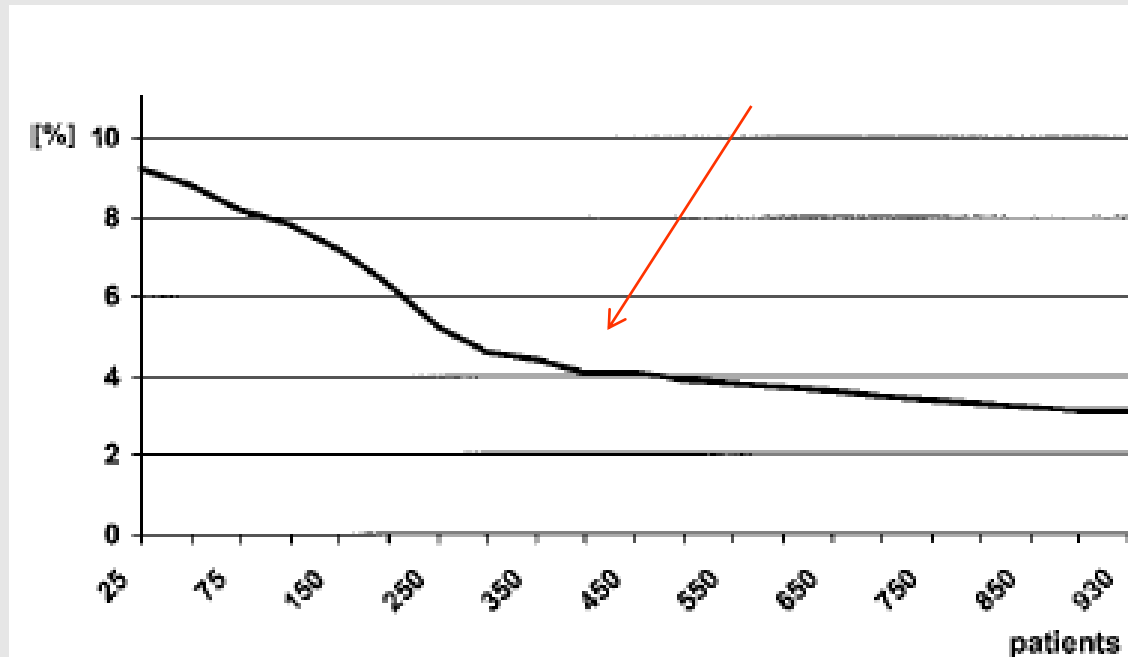


Fig. 5. Learning curve showing improvement of technical failure with increasing experience in system management.

Greater experience, multiple modifications of VCDs benefitting efficacy and safety!

# Single Centre Experience

- 21841 patients
  - Closure device vs manual compression
- Any vascular complication
  - Closure device 1.3%
  - Compression 1.4%
- Odds Ratio
  - 0.86 for all procedures
    - 0.80 for diagnostic cath
    - 0.90 for interventions

# What to tell the patient

- **Access site care**

- Keep access site clean and dry
- Remove dressing within 24 hours post-discharge
- Wash site daily with soap and water, standing
- Reapply adhesive bandage after cleaning until skin is closed
- Change dressing as needed
- Oozing may occur

- **Activity restrictions**

- The patient may resume normal activity in 2 days, including driving
- Limit lifting to 5 kg for 7 days or until healed
- You may shower 24 hours after the procedure
- No bath or pool until skin is closed

# Normal Patient Observations - Don't worry

- Some soreness or discomfort for 7 days
- Some bruising that could last 14 days
- Formation of a small lump at the incision site that could last up to 6 weeks
- Mild oozing from incision site

# Patients to Contact Physician if...

- Significant bleeding
- Increased swelling to the groin or leg
- Unusual pain in access site or leg
- Non-healing wound
- Increased redness
- Incision warm to touch
- Pain or swelling at the site
- Drainage other than blood
- Fever or chills

# Question 1

For femoral access, this is an unacceptable method of locating the appropriate puncture site:

- a. Ultrasound guidance
- b. Flourosocopy of femoral head
- c. The position of the skin crease
- d. Use of bony landmarks

## Question 2

Which method of vascular closure leaves some material inside the artery

- a. Angio-Seal
- b. Mynx
- c. Manual compression
- d. Starclose